

Az English Taekwondo lesson

On one of our English lessons, we got the chance to learn some basics about taekwondo with a foreign student.



The first thing we learned was how we call the parts of our body in Korean. Then we warmed up with some exercises. After everyone was warmed up, we learned the basics like punches and defences. I think it was a bit complicated, but it wasn't impossible to learn. My favourite part was when we tried to use the techniques on our classmates.

After all I think it was a fun and useful lesson, and probably every single one of us thinks the same.



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